

TIMBERLINE FOOTBALL

2025 Season Outline



Off Season Lifting

Through May 16th
Run
Monday, Wednesday
3:30-4:15pm
Lift
Monday, Wednesday, Friday
Mon & Wed 4:15-5:00
Fri 3:15-4:15

Summer Lifting

May 27th- July 30th
Monday-Thursday
7:30-10:00am

April 2025

April 12

Football School (FIELD- Skills/Classroom)
Saturday 8:00am-10:30am

April 19

Football School (FIELD- Skills/Classroom)
Saturday 8:00am-10:30am

May 2025

May 10

Football School (FIELD- Skills/Classroom)
Saturday 8:00am-10:30am

June 2025

June 9 & 10

7 on 7 (Varsity Only)
5:00-9pm
Eagle/Rocky High Schools

June 11

Junior High Skills Camp (Volunteer only)
5:00-8:00pm

July 2025

June 30-July 4	Dead Week (No Practice/Lift)
July 7-11 & July 14-17	CAMP July 7-11 & 14-17 Time: TBD *Summer Lifting will still occur- times may change
July 15	Junior High Skills Camp (Volunteer only) 5:00-8:00pm
July 29	Senior Father/Son Game 6:00pm THS



August 2025

August 5	Junior High Skills Camp (Volunteer only) 5:00-8:00pm
August 4-9	Dead Week (No Practice/Lift)
August 11	Normal Practice Begins 3:15pm-6:30pm
August 28	GAME #1 FR/JV
August 29	GAME #1 Varsity

In Season Schedule (begins August 11)

Practice	Games	Film
Monday-Friday 3:15-6:30pm	TBD Thursday, Friday or Saturday	Friday/Saturdays Time: TBD

"A dream does not become reality through magic; it takes sweat, determination and **hard work**."
-Colin Powell